

USPS RETIREE

E-Newsletter



July 2024

Postal Service Health Benefits (PSHB) Updates

Special Enrollment Period: If you were an annuitant entitled to Medicare Part A (typically at age 65) as of Jan. 1, 2024, and did not enroll in Medicare Part B, you and your covered eligible family members may be able to participate in the one-time PSHB Special Enrollment Period (SEP) for Medicare Part B from April 1 through Sept. 30, 2024.

Those who choose to enroll during the SEP will have the late enrollment penalty paid for by the Postal Service. Eligibility letters were sent to annuitants and eligible family members in March 2024. Additional mailers were sent in April and May 2024. Requests for reprints were mailed June 2024.

If you have misplaced the notification letter mailed to you or believe that you are eligible to participate in the PSHB SEP and did not receive a notification letter, call the PSHB Navigator's toll-free help line at 833-712-PSHB (7742) or email retirementbenefits@usps.gov.

PSHB Lunch and Learn seminars: The USPS Benefits and Wellness team is holding [lunch and learn seminars](#) about the PSHB Program **every other Thursday** through early December. These seminars take place at **noon Eastern**, [via Zoom](#) (usps.zoomgov.com), using passcode 314858 (Webinar ID: 161 422 7062), and at **4 p.m. Eastern**, [via Zoom](#) (usps.zoomgov.com), using passcode 366159 (Webinar ID: 160 320 9569).

PSHB watch parties: Lights, camera, action! The USPS Benefits and Wellness team holds monthly watch parties for annuitants to learn more about the new PSHB Program that begins next year. The watch parties will continue through early November. Each watch party takes place at **noon Eastern**, [via Zoom](#), (usps.zoomgov.com), using passcode 450914 (Webinar ID 161 511 1259). Refer to the [Keeping Posted Lunch & Learn Seminars webpage](#) for specific dates and more information.

Monthly Consumers' Checkbook seminars: Consumers' Checkbook hosts monthly seminars on Medicare. Employees and annuitants can learn more about Medicare Parts A, B, C, and D and how to navigate the Checkbook application. The seminars take place from 11 a.m. to noon Eastern, [via Zoom](#) (usps.zoomgov.com), using passcode 092581 (Web ID 161 319 9115).

Enhanced features now available through Consumers' Checkbook: USPS has launched a Medicare Part B Comparison Tool through Consumers' Checkbook. This tool allows annuitants to learn more about what Medicare Part B is, what it covers, how much it will cost monthly, and how their current health plan works with Part B. Refer to the [Consumers' Checkbook Medicare Part B Comparison Tool](#) to learn more.

Please be sure to check your mail regularly for additional updates and important PSHB information.

Sign up for SMS text messaging by texting the word or acronym below to **39369** for updates you'd like to receive:

- **PSHBP** – For updates on the PSHB Program
- **RETIREE** – For annuitant-related information
- **SEMINAR** – For updates on new benefits seminars

